



Bernardsville 2017 Swim Team/ Pre- Team

**Please be sure to visit our website
for future events:
<http://www.bernardsvilleboro.org>**

Ed Tsuzuki, Head Coach

We would like to welcome Ed Tsuzuki back, BHS Swim Coach, as Head Coach of the Bernardsville Swim Team. Ed has been the swim coach at BHS and has been teaching for over 30 years. He has been the head coach of the Somerset Valley YMCA team and has assisted at the Somerset Hills YMCA. Ed continues to compete in U.S. Masters Swimming and serves on the board of the New Jersey Local Masters Swimming Committee as well as on the Executive Committee and Board of Directors of USMS. Ed is certified as a Level 2 USMS coach. He was named Somerset County Boys Coach of the Year in 2009 by the Star Ledger and is a 2010 inductee to the New Jersey Scholastic Coaches Association Hall of Fame.

Swim Team Program

The Summer Swim Team divides children into age groups for competitive swimming. The age groups include 8 and under, 9-10, 11- 12, 13- 14, and 15- 18. A child's swimming age is determined by their age as of July 1st, 2017. The Swim Team is for children who are competitive swimmers and are interested in participating in competitive meets. The team competes in the Morris County Swim League and participates in 8 dual meets. Practices begin June 22nd and concludes with the Meet of Champions. Regular attendance at practice is recommended. Although the nature of the team is competitive, fun activities such as bagel breakfasts and a Team Pasta party are planned at the pool. Swim Team members are encouraged to purchase a team suit. Swimmers must be able to swim at least two of the competitive strokes proficiently.

FEES- all swim team members must be members of the Bernardsville Pool.

Swim Team Fees- \$100.00 including swim cap. \$90 each additional child up to 5. 6th child and above free.

Fees include participation on the swim team and a team t-shirt. A team picture is taken before one of the dual meets and will be sold separately by the Swim Team Parent Organization (S.T.P.O)

Parents are actively involved in running all aspects of the dual meets. Parents are expected to assist, and your support is greatly appreciated. Look for signs at the pool to volunteer.

Swim Team practice hours begin June 22nd. (All practices are daily, Monday to Friday)

8:00am- 8:45am: 8- 10 year olds & those who do not swim year round and those in camps.

9:00am- 10:00am: 13 years and older and 10-12 year olds that are year round swimmers.

10:00am- 11:00am: 11 & 12 year olds.

(If you have a conflict, please see the coach)

Pre- Team Program

The pre- team program is designed for the 6- 8 year old swimmer who is interested in becoming a member of the competitive swim team, but who still requires stroke skill development. Pre- team swimmers will work on refinement of their freestyle and backstroke, and will be introduced to breaststroke, butterfly, and starts and turns. They will participate in 2-3 pre- team meets toward the end of the season.

Is your child ready for pre-team?

Our goal is for your child to have a positive swimming experience.

Please consider the following questionnaire to help with accurate placement of your child in our swimming program:

If you can answer yes to the following, your child may qualify for pre-team:

- | | | |
|--|----------|----------|
| <input type="checkbox"/> My child is confident/ comfortable in deep water | Y | N |
| <input type="checkbox"/> My child can float on their back for 1 minute | Y | N |
| <input type="checkbox"/> My child can swim two lengths of the main pool with basic rotary breathing (not doggy paddle) | Y | N |

First time Participants in the Pre- Team program will also be required to take the Intermediate level swimming lessons concurrently with pre-team.

Pre- Team Fees: \$90

Fees include a team t-shirt and 2-3 pre-team meets.

Pre- Team Practice & Advanced Lesson Schedule

Advanced Lessons M, W, F, 8:45- 9:30am

(Sign-up is by 2 week sessions beginning June 26th: \$90 session)

Please fill out lesson registration in addition to pre-team information.

Pre-Team: Tues & Thurs, either 8:00- 8:45am or 9:00- 9:45am

Beginning Thursday, June 22nd (cost \$90 for the season)

Pre- Team Registration Information

Bernardsville Swim Team Waiver

Please complete and sign the following questionnaire to help with accurate placement of your child in our swimming program.

My child participated in the pre-team program last summer:

Y N

My child completed level ____swimming lessons during this past winter at _____

Swim/ Pre- Team Registration Information:

ALL FIELDS ARE MANDATORY

Name _____
Boy _____ Girl _____
Swim Team _____ Pre Team _____
Age as of July 1st _____ T- Shirt Size _____
Notify us of special needs _____

Name _____
Boy _____ Girl _____
Swim Team _____ Pre Team _____
Age as of July 1st _____ T- Shirt Size _____
Notify us of special needs _____

Name _____
Boy _____ Girl _____
Swim Team _____ Pre Team _____
Age as of July 1st _____ T- Shirt Size _____
Notify us of special needs _____
Signature of parent/ guardian _____

Please read and sign

I, _____, the parent and/ or the legal guardian of _____ authorize him/her to participate in the described activity conducted or sponsored by the Bernardsville Recreation Department. I understand that this activity involves a risk of injury and I hereby assume the risk of injury, disability or damages which may occur while he or she is participating in this activity. To the extent permitted by law, I release and discharge the Borough of Bernardsville and its officials, officers, employees and agents from any and all liability, claims or damages, and I understand that I will be responsible for all costs of any medical treatment required for any injury that may be sustained by him/her as a result of such participation. Finally, I release the Borough from any claim whatsoever on account of first aid or other medical treatment rendered. Following is insurance information:

Signed: _____

Date: _____

Ins. Company: _____

ID #: _____

To register for swim team or pre-team, please drop off your completed application at Borough Hall or mail to:

Bernardsville Recreation
166 Mine Brook Road
Bernardsville, NJ 07924

OR

If paying with a credit card, you can register online at:
<https://register.communitypass.net/bernardsville>

3% Charge on credit card processing

If you have any concerns regarding swim team activities for your child, OR your child has any disability in accordance with the ADA, please notify Recreation within six weeks prior to the program to ensure responsible accommodations

All requests for refunds must be submitted in writing to Bernardsville Recreation seven (7) business days prior to the start of the program or trip. Program refunds are \$15.00 or 15% of the program fee (whichever is greater).