



## **Kangaroo Kidz 2017**

- Where:** Bernardsville Library  
**Time:** 11am- 11:45am  
**Dates:** Mondays 3/6, 3/13, 3/20, 3/27, 4/3  
**Ages:** 2 ½ - 5  
**Fee:** \$115

We Bring Gymnastics to you!

Rooz is a 45 minute class for children ages 2 1/2 to 5. We start the class with a warm up where we reach for our toes, fly our butterflies to far away lands and then work on gross motor skills where we jump like kangaroos and run like cheetahs. Then it is time to work on the equipment we bring each week. Your child will work on skills on all of the events including the bars, vault, balance beam, and the floor exercise. We focus on teaching skills in a positive way so the child leaves the class more confident and willing to try new things. Our teaching philosophy is effective in that we are able to challenge our students physically while giving them the opportunity to gain self-esteem by putting them in situations that set them up for success. Children will work on beam, incline, vault, bars and more. We will go over cartwheels, tables, bridges and more. Please note we are CPR certified and we have gymnastics certifications.

*Class space is limited.*

Please sign up at: <http://register.communitypass.net/Bernardsville> or call the Bernardsville Recreation Department (908) 766- 2546